

General Information

Basic Mountain Training Summer Course (BMTSC)

Hosted by



Colonel Besik Kutateladze Sachkhere Mountain Training School

Partnership Training and Education Centre, Georgia September 03, 2023– September 22, 2023

1. General Information

Within the Partnership programme Sachkhere Mountain Training School offers Basic Mountain Training Summer Course in the Georgian mountains. The Course provides the basic movement and rescue techniques and the knowledge in organized search and rescue operations (including use of mountain equipment, overcoming of planned route, finding of pre-identified locations, evacuation of an injured, climbing on artificial and natural rock, river crossing, overnight stay in mountains and movement up to 2400 m). The Course is open to NATO, PfP, MD, ICI and PatG countries.

2. Location

Training will be conducted in Sachkhere, Georgia

3. Course Duration

Three weeks

4. Number of Participants

Minimum - 8 military personnel; Maximum - 30 military personnel; Quota per nation: 5 slots per nation; Places will be allocated in the order of the applications received.

5. Schedule

The course will start at 9:00 and finish at 18:30 Training will be conducted from Monday to Friday.

Note: The cultural event is planned during the course

6. Course Requirements Physical

<u>Requirement</u>

Good physical shape:

Capable of performing outdoor activities at high altitudes;

Participants should be able to move with 10 kg load during 3 hours on mountainous terrain;

During the course participants will have 54 km movement in mountainous terrains with required equipment.

Students who have already completed basic or higher level mountain training courses are not allowed to participate in the course. Students are requested to provide (via e-mail or fax) their <u>health certificate</u> (English version).

Language Requirement

English language is essential, required proficiency in English is 2/2/1/1 (according to STANAG 6001). *English language certificate* should be provided (via e-mail or fax) with the application form.

Rank Requirement

Participants must be active duty junior officer (OF1 - OF4) or NCO (OR1- OR9).

7. Costs, Accommodation and Meals

Accommodation, meals, course fee and local transportation including from/to Tbilisi International Airport is fully covered by the MOD of Georgia. Travel costs to and from Georgia are to be covered by the sending nation. During the course participants are lodged at the hotel facility. The hotel offers rooms designed for up to 4 participants.

8. Visa

Visa is sending nation's responsibility. Visa is not required for citizens of the EU, NATO and the majority of Partnership countries.

9. Medical Service

Initial level of medical support will be provided by the locally assigned doctor. Dental care and medical treatment exceeding first aid is to be paid for. It is strongly advised to have an international medical insurance valid for the entire stay in Georgia.

10. Dress Code

11. Equipment

During the course participants will be provided with necessary mountain equipment.

12. Evaluation System

Participants will be evaluated according to the Centre's evaluation system based on the final test. Successful participants will receive course completion certificates.

13. Communication

Participants will have access to the Internet at the hotel.

14. Social Programme

Participants will be offered to participate in the cultural event hosted by the Georgian MoD.

15. Basic Mountain Training Summer Course includes 118 hours + 12 hours for administrative procedures (Total 130) hours.

Day 1, Sunday

Arrival at Sachkhere Mountain Training School

Day 2, Monday

09:00 – 11:00	Course opening, introduction to the instructors and brief overview of the course	
11:00 – 13:00	Familiarization and fitting/adjustment of mountain equipment.	Theoretical
13:00-14:00	Lunch	
14:00 – 17:30	Learning how to use mountain equipment and how to tie knots	Practical
17:30 – 18.00	Preparation for the following day	

Day 3, Tuesday

09:00 – 10:00	March and disposition in the mountain	Theoretical
10:00 – 11:00	Introduction to the test march and march with overnight stay	Theoretical
11:00 – 13:00	Learning knots and using equipment	Practical
13:00 – 14:00	Lunch	
14:00 – 17:30	Learning belay and rappelling techniques	Practical
17:30 – 18.00	Preparation for the following day	

Day 4, Wednesday

09:00 - 13:00	Rock climbing on artificial rock	Practical
13:00 –14:00	Lunch	
14:00 – 17:30	Crossing an obstacle path and rappelling	Practical
17:30 – 18.00	Preparation for the following day	

Day 5, Thursday

09:00 - 13:00	Rock climbing on natural rock	Practical
13:00 – 15:00	Crossing an obstacle path and rappelling	Practical
15:00 –16:00	Lunch	
16:00 – 17:30	Evacuation techniques with UT-2000 stretcher	Practical
17:30 – 18.00	Preparation for the following day	
Day 6, Friday		

09:00 - 13:00	Introductory test march	Practical
Day 7, Saturday		
Cultural Event		
Day 8, Sunday		
Day off		

Training Week 2

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Day 9, Monda	ay	
09:00 - 11:00	Rock climbing on artificial rock	Practical
11:00 - 13:00	Fixed rope ascending	Practical
13:00 - 14:00	Lunch	
14:00 - 17:30	Crossing an obstacle path and rappelling	Practical
17:30 – 18.00	Preparation for the following day	
Day 10, Tues	day	
09:00 - 10:00	Crossing an obstacle path and rappelling	Practical
10:00 - 13:00	Fixed rope ascending	Practical
13:00 - 14:00	Lunch	
14:00 - 17:30	River crossing	Practical
17:30 - 18.00	Preparation for the following day	
Day 11, Wed	nesday	
09:00 - 12:00	Natural rock climbing	Practical
12:00 - 14:00	Crossing an obstacle path and rappelling	Practical
14:00 - 15:00	Lunch	
15:00 - 17:30	Midterm test: knots	Test
17:30 – 18.00	Preparation for the following day	
Day 12, Thurs	sday	
09:00 - 15:00	March: +1000 m. ascent for overnight stay	Practical
15:00 - 16:00	Lunch	
16:00 - 18:00	Setting up a camp	Practical
18:00 - 19:00	Dinner	
19:00 - 22:00	Preparation for the overnight stay	Practical

22:00 - 07:00	Overnight stay in tents	Practical
Day 13, Friday		
07:00 - 08:00	Breakfast	
08:00 - 11:00	Preparation for the march and march to the mountains	Practical
11:00 – 12:00	Collective evacuation exercise	Practical
Day 14, Saturday		
Day-off		
Day 15, Sunday		
Day-off		

Training Week 3

Day 16, Monday				
09:00 – 13:00	Pre-test march (with 10kg. of load +2L of water)	Practical		
13:00 – 14:00	Lunch			
14:00 – 17:30	Fixed rope ascending	Practical		
17:30 – 18.00	Preparation for the following day			
Day 17, Tueso	day			
09:00 – 13:00	Preparation for the test (rock climbing, fixed rope ascending, rappelling)	Practical		
13:00 - 14:00	Lunch			
14:00 - 17:30	Final test: Fixed rope ascending	Test		
17:30 – 18.00	Preparation for the following day			
Day 18, Wedn	Day 18, Wednesday			
09:00 - 13:00	Final test: Rock climbing	Test		
13:00 – 14:00	Lunch			
14:00 – 17:30	Final test: Rappelling	Test		
17:30 – 18.00	Preparation for the following day			
Day 19, Thursday				
07:00 – 13:00	Final Test: March: 12 kg. load + 2L of water	Test		
Day 20, Friday				

NOTE: Schedule might be changed due to the weather forecast

16. Contact

Ministry of Defence of Georgia, Military Training and Education Command Point of Contact - **Master Sergeant Nina Gurgenidze**, E-mail: <u>ngurgenidze@mod.gov.ge</u>;

Important NOTE: Participants have to be at Mountain Training School NLT June 11, 2023.